

# **Northwoods Tae Kwon Do**

## **18<sup>th</sup> Annual Northwoods Conquest**

### **January 28, 2012**

### **Cumberland, WI**

#### **Grand Masters, Masters, Instructors and Students:**

We are happy to invite you to the 18<sup>th</sup> Annual Northwoods Conquest on January 28, 2012. The tournament will again be held at the Cumberland Middle School gymnasium at 980 8<sup>th</sup> Avenue, Cumberland, WI.

**Sparring:** Sparring will be judged under modified WTF rules. All competitors must provide their own gloves, mouth guard, and shin/instep pads. Male competitors must also provide their own groin protection. Headgear and chest protection will be provided for those that do not have their own. Instructors: Any sparring equipment that you can provide for the day will be greatly appreciated.

**Forms:** Scored on a 5 – 10 point base.

**Team Forms / Demonstrations:** (forms, weapons, self defense demonstrations, etc.) Any two-person teams may compete. If any music or sound effects are required, please provide your own equipment.

**Weapons:** Youth and adults are invited to compete.

**Breaking:** Divisions and difficulty according to rank / size / age.

**Submission Grappling:** Divisions by age / size/ experience, including youth division. Divisions for Gi and no-Gi. One 5-minute round, with a 3-minute overtime if no submission is achieved. No striking allowed.

**Entry Fees:** Pre-registration rate only \$40 for one or all events, if registered by Jan 14<sup>th</sup>. Registration \$50 after Jan 14<sup>th</sup>. Mail pre-registration forms and payment to Northwoods TKD, 748 75<sup>th</sup> Street, Amery, WI 54001.

**On-Site Registration:** 9am – 11am. Tournament begins at 11am.

**Black Belt Meeting:** 10:30am

If you have any questions, please contact Master Eric Swan at (715) 497-2910 or [northwoodstkd@hotmail.com](mailto:northwoodstkd@hotmail.com).

**Tae Kwon Do is a contact sport!**

**NORTHWOODS TAE KWON DO**  
**18<sup>TH</sup> Annual**  
**NORTHWOODS CONQUEST**  
**Cumberland Middle School**  
**January 28, 2012**



**Competition in sparring, forms, breaking,  
weapons, and submission grappling.  
Tournament begins at 11:00am. Public welcome.**

**Spectators: Adults \$3, age 6–12 \$2, under 6 free**

**Northwoods Conquest 2012**  
**Saturday, January 28, 2012**  
**Cumberland Middle School, Cumberland, WI**  
**Liability Waiver and Registration Form**  
(Please read carefully before signing)

Name \_\_\_\_\_ Sex: M / F Age \_\_\_\_\_

Address \_\_\_\_\_

Phone (     ) \_\_\_\_\_ E-mail address \_\_\_\_\_

Martial Arts School \_\_\_\_\_ Instructor \_\_\_\_\_

Name and phone number of person to contact in case of an emergency \_\_\_\_\_

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I the undersigned, of the above address, as a registrant and participant in Northwoods Conquest 2012 Tae Kwon Do Tournament, on January 28, 2012, at Cumberland Middle School in Cumberland, WI, voluntarily submit my application for attendance and participation and as a part thereof, I fully recognize and acknowledge that this competition frequently involves hard physical contact and might result in injury to myself and others, despite the necessary safety precautions and rules, and I enter such tournament at my own risk, therefore I assume full and complete responsibility for any and all damage, injuries, or losses that I may sustain or incur, if any, while attending or participating in this tournament.

I do hereby release and further discharge Cumberland School District, Cumberland Community Education, Northwoods Tae Kwon Do, Eric Swan, tournament operators, instructors and other participants, individually and/or otherwise, for any accidents, suits, damages, claims, or judgments that may result in any personal injury that I may suffer while participating in this tournament. I realize and acknowledge that I am solely responsible for any medical attention or treatment that I may need as a result of a participating in this tournament. I declare that I am free from any physical defects or illness which might prohibit or inhibit my participating in this tournament. Once again, I acknowledge my full understanding that Tae Kwon Do is a contact sport, which may result in injury to myself for which I am covered only by my own medical health insurance.

If I am an adult signing this registration and liability waiver, as a parent or guardian of a person under the age of 18 years, I agree to indemnify Cumberland School District, Cumberland Community Education, Northwoods Tae Kwon Do, Eric Swan, all tournament operators, instructors and other participants, individually or otherwise for all liability, loss or judgments arising from any injuries suffered by said child for whom I am signing this liability waiver and indemnification.

Signed \_\_\_\_\_ Date \_\_\_\_\_

Signature of parent or guardian \_\_\_\_\_

**Tae Kwon Do is a contact sport!**